

**GO KNITTERS!**  
1st July 2024 -  
29th June 2025



## FREQUENTLY ASKED QUESTIONS

### **Is there a minimum that I need to fundraise?**

Definitely not, but we would ask you to sign up to the event so we know who is participating and try and raise a minimum of £30. If we can encourage 1000 people to participate, and they all raise £30 that would be a whopping £30,000, which would make a huge difference.

### **What sort of items should I knit?**

We are looking for knitted winter warmers. We would suggest if you're just starting out on your knitting journey, to start with something relatively easy like a basic scarf, patterns can be found in the information pack you should have received, if not please contact us on [fundraising@thefoodtrain.co.uk](mailto:fundraising@thefoodtrain.co.uk). If you are an established knitter then you could be more adventurous and knit some hats, gloves or even a blanket. We will also have themed months where we will ask knitters if they can make things, i.e. Easter chicks, Twiddles for people with dementia etc. If you would prefer to knit something other than the above mentioned, please get in touch by emailing [fundraising@thefoodtrain.co.uk](mailto:fundraising@thefoodtrain.co.uk)

### **How many items can I knit?**

You can knit as much or as little as you want to. Remember you have a whole year to complete your items, but you can hand items in at any point throughout the year to your local Food Train branch. Should you need any wool, or do not know where your nearest branch is then please let us know by emailing [fundraising@thefoodtrain.co.uk](mailto:fundraising@thefoodtrain.co.uk)

### **Do I have to start my knitting on the 1st July 2024?**

No, not at all, you can start at any point, but the Knit-A-Thon will finish on the 29th June 2025, when Food Train turns 30. You can hand items in at any point throughout the year to your local Food Train branch or if you do not know where your nearest branch is then please let us know by emailing [fundraising@thefoodtrain.co.uk](mailto:fundraising@thefoodtrain.co.uk)

### **What if I don't knit but crochet?**

That's great we would love you to crochet items.

### **When will my items get distributed to the older members and individuals facing hardship?**

As we are asking you to knit winter warmer items, our aim is to distribute these in the run up to winter 2024 and winter 2025, it will depend on how many people are knitting and how many items are knitted as to exactly when and how they will be handed out.

# FREQUENTLY ASKED QUESTIONS CONT....

## **Once I have knitted my items who collects them or where do I take them?**

We will advise you of your nearest drop off location, all you need to do is email us here [fundraising@thefoodtrain.co.uk](mailto:fundraising@thefoodtrain.co.uk) If you are a Food Train member you can hand your knitted items to your local volunteer at any point throughout 2024/2025.

## **When and where do I ask people to sponsor me?**

If you would like a sponsor form to use and have not received one in your joining information then please email us at [fundraising@thefoodtrain.co.uk](mailto:fundraising@thefoodtrain.co.uk). If you would like to set up your own fundraising page, instructions on how to do so will be in your information pack.

## **When and where do I hand in sponsorship money?**

If you are a Food Train member you can hand in your donations to your local volunteer at any point throughout 2024/2025. If you are a member of the public, and have raised cash or cheque donations, please contact us at [fundraising@thefoodtrain.co.uk](mailto:fundraising@thefoodtrain.co.uk) and we will advise the best option for collecting your donation.

## **How will my sponsorship money be spent?**

100% of the money we raise will go back into Food Train helping to sustain all of our vital services which support older people to eat well, age well and live well in their own homes for as long as they can do so.

## **Can my school get involved?**

Absolutely, we would love as many schools to get involved as possible, we may even be able to arrange some beginner classes for students. For more information, please email [fundraising@thefoodtrain.co.uk](mailto:fundraising@thefoodtrain.co.uk)

## **What if I can't knit?**

Don't knit? That's OK! You could just make a donation on our fundraising page <https://thefoodtrain.enthuse.com/cf/knit-a-thon>. If you were able to donate £1 for every year Food Train has been operating (£30 for 30 years) that would be fantastic and help us on our way to achieving our target of £30,000. Or you could donate some wool, please contact us at [fundraising@thefoodtrain.co.uk](mailto:fundraising@thefoodtrain.co.uk) and we will advise how to do this.

## **How do I share news and pictures of what I am knitting?**

We would **LOVE** for you to share pictures of what you are knitting. If you have a social media page, please share them and tag us in, if you don't then please email them to us at [fundraising@thefoodtrain.co.uk](mailto:fundraising@thefoodtrain.co.uk) and we will share them on your behalf. Please share all our posts on social media with your family and friends as this will help to raise the profile of our campaign. We have set up a Facebook group for our knitting community to share patterns, photos, and any other ideas, you can join the group here: <https://www.facebook.com/groups/1351866819535484>