

**GO KNITTERS!**  
1st July 2024 -  
29th June 2025








**Have fun. Challenge yourself. Change lives.**

**Fundraising for Food Train is a rewarding way for you to get involved and support our vital work and your local community.**

Join us in celebrating Food Train's 30th Anniversary with our sponsored Knit-A-Thon, a year-long knitting campaign aimed at generating funds to support our vital services.

**From July 2024 - June 2025 there are several ways you can support our Knit-A-Thon:**

-  **JOIN** by signing up to knit during the event
-  **ASK** your friends and family to sponsor you
-  **DONATE** some wool
-  **SHARE** with your knitting community, group, school etc
-  **MAKE** a donation

**Find out more:**

**<https://thefoodtrain.co.uk/knit-a-thon/>**

**email [fundraising@thefoodtrain.co.uk](mailto:fundraising@thefoodtrain.co.uk)**

**call 01387 270800**

100% of the money we raise will go back into Food Train helping support the provision of all our services. All items knitted will be donated to our older members or individuals facing hardship within communities throughout Scotland, or sold to raise additional funds.

# POP IT IN THE POST

**Have fun. Challenge yourself. Change lives.**

Keen to get started? Sign up right now, and pop this form in the post to:

Food Train  
118 English Street  
Dumfries  
DG1 2DE

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Email: \_\_\_\_\_ Telephone: \_\_\_\_\_

From July 2024 - June 2025 the number of items I aim to knit is:

1-5  5-10  10-15  15-20  Other

The items I am hoping to knit are:

Scarves  Hats  Gloves  Blankets

Other, please describe: \_\_\_\_\_

I am a : Beginner knitter  Experienced knitter

Sponsorship options:

I would like you to send me a sponsorship form

I will set up my own Enthuse fundraising page  
(please send me info)

**Once we receive your form we will get you registered and send out your joining information and how to get started.**