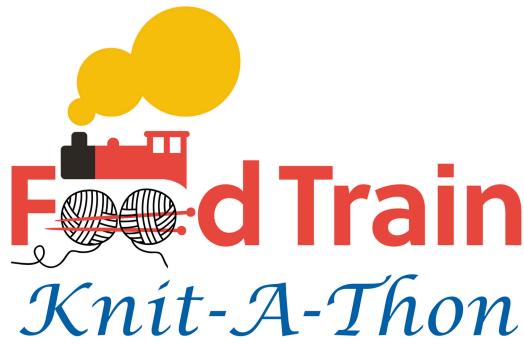


GO KNITTERS!
1st July 2024 -
29th June 2025








Have fun. Challenge yourself. Change lives.

Fundraising for Food Train is a rewarding way for you to get involved and support our vital work and your local community.

Join us in celebrating Food Train's 30th Anniversary with our sponsored Knit-A-Thon, a year-long knitting campaign aimed at generating funds to support our vital services.

From July 24 - June 2025 there are several ways you can support our Knit-A-Thon:

-  **JOIN** by signing up to knit during the event
-  **ASK** your friends and family to sponsor you
-  **DONATE** some wool
-  **SHARE** with your knitting community, group, school etc
-  **MAKE** a donation

Find out more:

<https://thefoodtrain.co.uk/knit-a-thon/>

email fundraising@thefoodtrain.co.uk

call 01387 270800

100% of the money we raise will go back into Food Train helping support the provision of all our services. All items knitted will be donated to our older members or individuals facing hardship within communities throughout Scotland, or sold to raise additional funds.