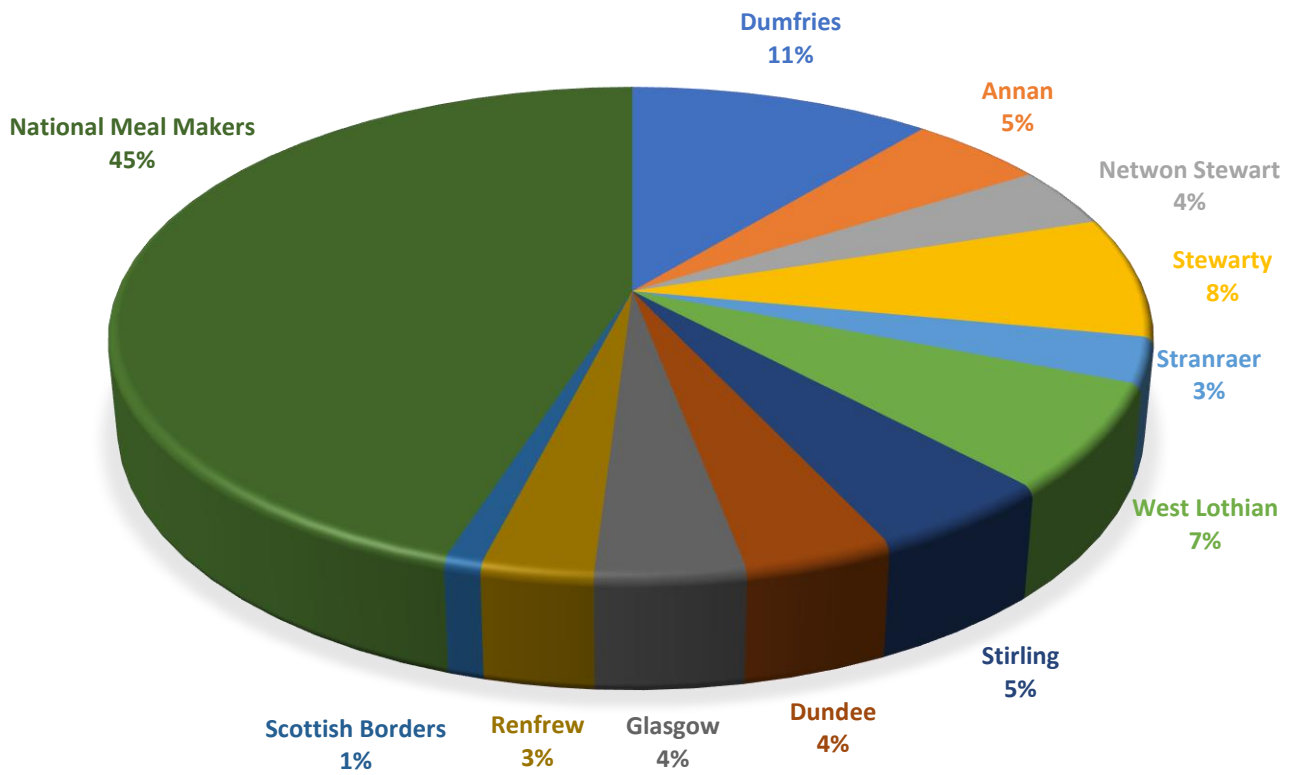


# 2018 Volunteer Report

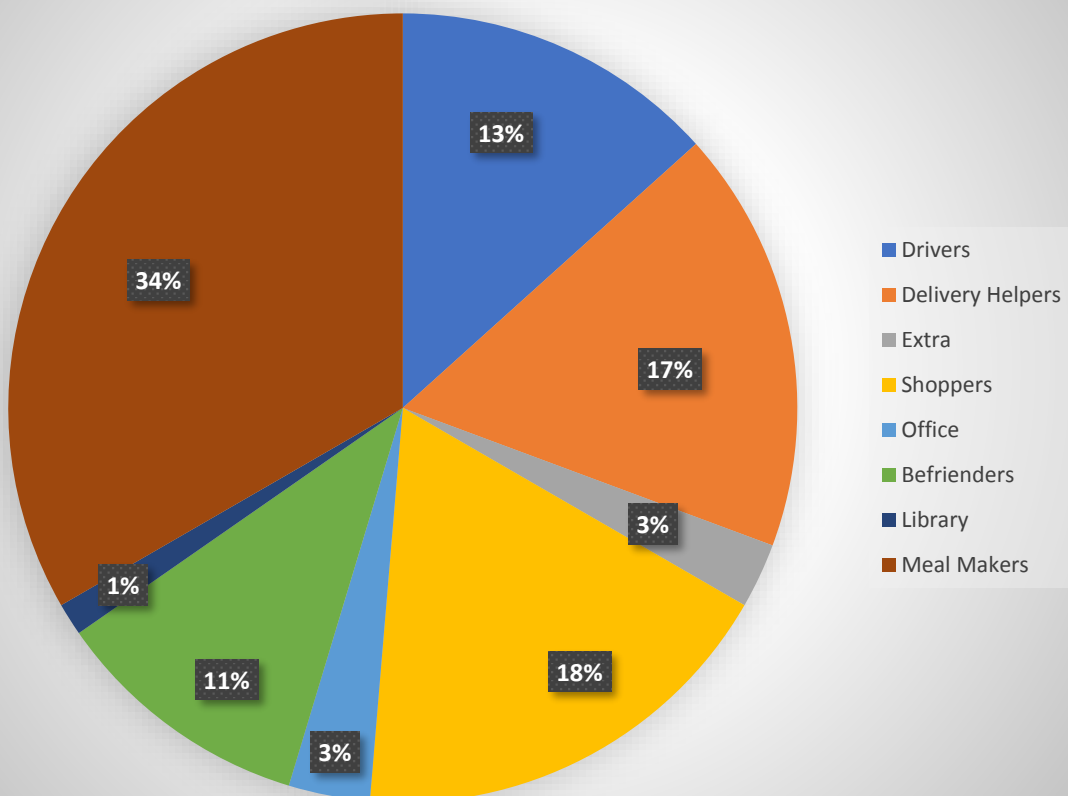


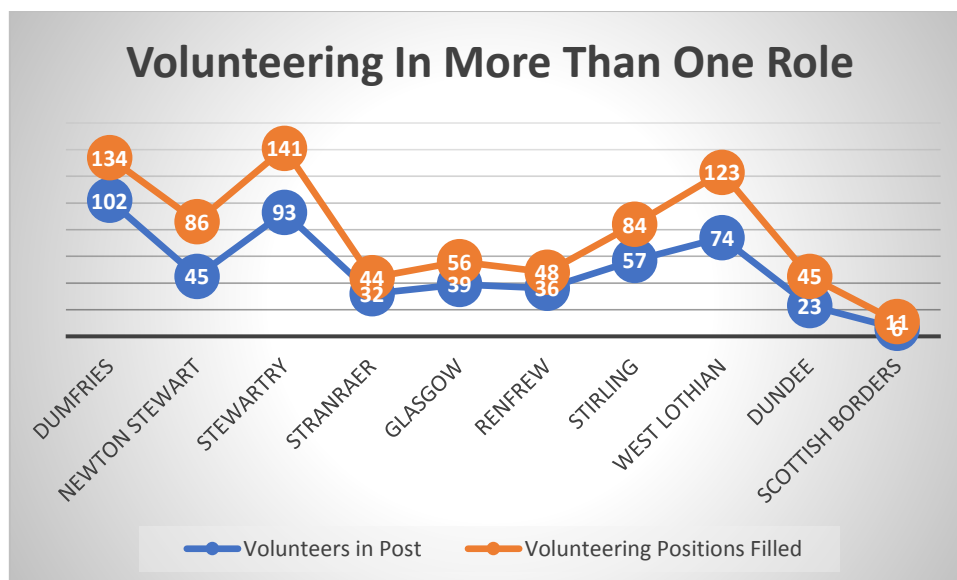
Company No. 158165  
Scottish Charity No. 24843

## SPLIT OF VOLUNTEERS BY GEOGRAPHICAL AREA



## Split of Volunteers by Service





Our volunteers generously give their time to help deliver our services and across all areas there are a number who demonstrate their flexibility by covering more than one role: driver/helper, helper / shopper, shopper/office assistant etc. They truly are our ‘flexible friends’.

In this operating year alone

- Our volunteers have contributed **144,177** hours of their time freely, generously and with the desire to support older people in their own local community
- Our Meal Makers’ cooks have shared **4107** meals with an older neighbour, donating **4177** hours of befriending over food
- Our befriending volunteers spent **8105** hours in the company of older people in Dumfries and Galloway alone
- Our Shopping volunteers have collected and delivered **44,332** orders to customers who would otherwise struggle to access food
- Our volunteers across the country have supported fundraising activities and events helping to raise more than **£13,000** by selling raffles, hosting coffee mornings, tea parties, holding car-boot sales and Christmas fayres, bag packing in supermarkets and rattling collection tins at promotional stalls

In our 2018 Member Survey, customers told us how they felt about our volunteers

- 31.4%** said ‘the volunteers make a positive impact on my health and wellbeing’
- 50.8%** said ‘ I value the practical help and support given by the volunteers’
- 75.8%** said ‘I look forward to the volunteers and enjoy the added social contact’

Scottish Charity No: 24843

Scottish Company No: 158165

Hestan Southwest, The Crichton, Bankend Road, Dumfries, DG1 4TA —Tel: 01387 270800

Unit 2A, 3 Michaelson Square, Livingston, EH54 7DP —Tel: 01506 413013

Office 18, John Player Building, Enterprise Park, Stirling, FK7 7RP—Tel: 01786 450536

Suite 17, The Circle, Staff Place, Dundee, DD2 3SX—Tel: 01382 810944

Unit 13 Govanhill Workspace, 69 Dixon Road, Glasgow, G42 8AT—Tel: 0141 423 1722

Studio 53 Old Embroidery Mill, Seedhill Road, Paisley, PA1 1TJ—Tel: 0141 887 2557

Suite B, First Floor, 11 Market Street, Galashiels, TD1 3AD—Tel: 01896 751750

2/6A, Brook Street Studio, 60 Brook Street, Glasgow, G40 2AB—Tel: 0141 551 8118

111 Oxfords Road North, Edinburgh, EH14 1ED—Tel: 0131 447 8151

[www.thefoodtrain.co.uk](http://www.thefoodtrain.co.uk)

[www.mealmakers.org.uk](http://www.mealmakers.org.uk)

[www.eatwellagewell.org.uk](http://www.eatwellagewell.org.uk)

